

# THE POWER PLAY OF THE WEEK

Shareable action-oriented ideas to help grow your business  
and your leadership team.

## THE PLAY OF THE WEEK

Remember when hockey coaches used to review game footage during intermissions?

Today, players get instant feedback on tablets, adjusting their game within minutes.

Yet, many of us don't apply the same practice to our own lives.

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## GET ON THE ICE

Just as players analyze their performance, we should review our own weekly "game film" to improve.

Here's how:

- **What went well this week?** Celebrate your wins, no matter how small.
  - **What didn't go well?** Identify challenges and areas for improvement.
  - **What will you do differently next week?** Set a specific goal for improvement.
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## QUOTE OF THE WEEK

*"We do not learn from experience... we learn from reflecting on experience."*

— John Dewey