

THE POWER PLAY OF THE WEEK

Shareable action-oriented ideas to help grow your business
and your leadership team.

THE PLAY OF THE WEEK

I recently put my membership at our beautiful resort-style gym on pause.

Don't get me wrong, I love the fancy change room, steam room, sauna, hot tubs, pools and so much more.

But maybe all this "comfort" was getting in the way of my real goal - getting fit and healthy.

Then I walked into a small "bare bones" family-owned gym. It literally is just the basics, weights, and a few cardio machines.

I met the owner. A great guy and super helpful. He has been running this gym for 21 years.

I purchased a 3-month membership to give it a try.

Maybe getting back to the basics is just what I needed. I will keep you posted.

GET ON THE ICE

The questions I have for you and your team are:

- 1) What is the biggest challenge you are facing right now?
- 2) Have you solved it before?
- 3) What did you do differently when you solved it before?

QUOTE OF THE WEEK

"Success leaves clues, and if you sow the same seeds, you'll reap the same rewards."

- **Brad Thor**